

# About Us

## Team



### **Ketan Trivedi- Registered Physiotherapist**

Ketan achieved his Bachelors of Physiotherapy degree in 2010 from Rajiv Gandhi University Health Sciences, India. He has worked in various different settings like Hospitals, Long Term Care, and Out Patient departments. He is a member in good standing with the Canadian Physiotherapy Association. He has acquired a number of specialized certifications which includes Acupuncture, Vestibular Rehabilitation. He is currently working on the certification of Concussion Management.

Ketan says he chose physiotherapy as a career because he was interested in knowing the anatomy and mechanism behind injuries. His passion is to treat those injuries by using different tools from his tool box.

When he is not working he enjoys cooking, spending time with his 4 year old son and watching basketball.



## **Akanksha Saswadkar- Physiotherapist**

Akanksha is a resident physiotherapist with a Master's degree in Musculoskeletal Physiotherapy from Maharashtra University of Health Sciences. She also completed a diploma in Autism and Behavioural Science from Mohawk College in 2019.

Akanksha is passionate about physiotherapy profession and is very keen on learning and using the advances in the field.

Akanksha believes that movement is the key to a healthy life and ensures that as a physiotherapist, she formulates a treatment plan that meets their goal and maximise the function.

Akanksha enjoys hiking, trekking in her spare time. She likes to explore new cuisines around the city and is an absolute foodie.



Akanksha Saswadkar- Physiotherapist

## **Vraj Patel- Massage Therapist**

Vraj is a Registered Massage Therapist and Registered Radiation Therapist. He grew up in Anand, India and has been

Completing a Bachelors in Radiation Therapy from Sardar Patel University in 2017, Vraj came to Canada and completed  
Massage Therapy and graduated in August 2019. In addition to being an RMT, Vraj also holds CAMRT certification

With a background in radiation oncology for cancer and in massage therapy for musculoskeletal conditions and other  
combine the knowledge and skills he has learned and use it for the best care and treatment of his patients.

Vraj is also going to bring Oncology Massage Therapy, an approach of massage therapy for people who are living with  
treatments are going to be very well focused and personalised for cancer patients.

Vraj wants to maximize his patientsâ€™ quality of life through high quality treatment and attentive care. He is also a  
help patients treat, live with, and prevent injuries and pain.



## **Iqra Ahmad- Physiotherapist Assistant**

Iqra Ahmad is a recent graduate of Fleming College’/ Occupational Therapist Assistant and Physiotherapist Assistant Assistant. She is an experienced Physical Therapist licensed in the Philippines with a background in community-based

The philosophy that Iqra lives upon is “Difficult does not mean impossible - it simply means that you have to work hard”. Her clinical settings would surely aid each client to their specific needs.

In her spare time, Iqra enjoys planning trips with friends or family (checking cheap flights!), exploring new recipes, and going for a stroll.